

# THE SKULL RETURNS

## SATURDAY DECEMBER 10, 2022

**VIRTUS BARBELL** is holding our 6th annual charity powerlifting meet. **The Skull Returns** is your chance to test yourself against the iron and to help local children have a brighter and happier holiday. We are partnering with a local charity and will donate 100% of the meet proceeds to a fund set up to help local children. This is a non-sanctioned full powerlifting competition open to the first **70 competitors** to register. Registration deadline is Monday December 6th. Please send in the registration form as soon as possible. Once the 70 lifter cap has been met registration will be closed. Singlets and/or proper lifting attire are required. Virtus doors and warmup area open at 7:00am for spectators and competitors.

The competition will begin promptly at 9am. Weigh In will be held from 8am to 10am & 5pm to 7pm Friday Dec. 9 and from 7am to 8am on the day of competition. Winners will be awarded custom The Skull Returns trophies. Spectator admission is \$5 per person (children under 12 are free).

NAME: \_\_\_\_\_ AGE: \_\_\_\_\_ DOB / / \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_ GYM: \_\_\_\_\_

### WEIGHT CLASS (Circle ONE)

MEN: 105 114 123 132 148 165 181 198 220 242 275 308 SHW

WOMEN: 97 105 114 123 132 148 165 181 198 220 242 242+

CATEGORY: POLICE CIVILIAN

### COMPETITION

### PRICE

FULL POWER (SQUAT / BENCH PRESS / DEADLIFT)

\$65

IRON MAN (BENCH PRESS & DEADLIFT)

\$55

BENCH PRESS ONLY

\$40

DEADLIFT ONLY

\$40

### DIVISION

### Equipped

### RAW (WRAPS/BELT)

YOUTH (10u) (12u)

\$15

TEEN (13-15) (16-17) (18-19)

\$15

JUNIOR (20-23)

\$15

OPEN

\$15

SUBMASTER (33 - 39)

\$15

MASTER (40 - 49)

\$15

GRANDMASTER (50+, 60+, 70+, 80+)

\$15

Add the competition and divisions entered for your entry Total

Check or money order made payable to **VIRTUS BARBELL**

All meet entries are final. Any cancellations will be credited to the next meet held at Virtus Barbell

Send completed form with payment to:

Virtus Barbell attn: Nicole Cribbs, 643 North Main Street, Greensburg, PA 15601

**\*\*MEET IS OPEN TO THE FIRST 70 LIFTERS ONLY\*\***

**WWW.VIRTUSBARBELL.COM**